



PRINCE GEORGE FIGURE SKATING CLUB



## PGFSC CANPOWER – FALL / WINTER SESSION

Our CanPower Level 1 through 6 program is **1 full hour of ice time and instruction per session**. The sessions begin October 2<sup>nd</sup> and run on the following days / times in the Kin II Arena:

**Level 1** – Tuesday 6 pm – 7 pm

**Level 2** – Tuesday 7 pm – 8 pm

**Level 3** – Wednesday 6 pm – 7 pm (Elksentre)

**Level 4** – Wednesday 7 pm – 8 pm (Elksentre)

**Level 5** – Monday 6:45 pm – 7:45 pm

**Level 6** – Monday 8 pm – 9 pm

**Cost (Includes Skate Canada Annual Membership Fee):**

**Half Season (runs Oct – Mid Dec): \$250**

**Full Season (runs Oct – Mid Mar): \$465**

**Program Co-Ordinator & Coach:**

**Shawn Gendron**

- Certified Canpower Coach – 4 years' experience
- Certified Development 1 – Hockey Canada
- Coached in Prince George Minor Hockey
- Played 3 years with the major junior Prince George Cougars
- Played his entire minor hockey in Prince George

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**Coaches: Chris Kaban and Lorne Hauk**

