



PGFSC Summer Skating

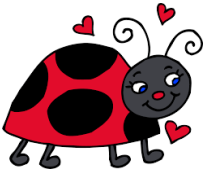
July 4-Aug 24, 2017


Weekly, Monthly and Full Packages Available

Monday	Tuesday	Wednesday	Thursday	Theme	Friday
July 3	July 4	July 5	July 6	Thursdays!	July 7
NO SKATING	Elksentre	Elksentre	Elksentre	TROPICAL 	NO SKATING
	1:30-1:50 pm Dryland	1:40-1:50 pm Dryland	1:30-1:50 pm Dryland		
	2:00-2:15 pm Turn Class	2:00 – 2:15 pm Movement Class	2:00-2:15 pm Edge Class		
	2:15-3:15 pm FreeSkate	2:15-2:30 pm Spin Class	2:15-3:15 pm FreeSkate		
	3:15-4:00 pm Junior Academy	2:30-3:30 pm FreeSkate	3:15-4:00 pm Junior Academy		
4:10-4:30 pm Junior Academy Dryland	3:30-4:00 pm Dance	4:10-4:30 pm Junior Academy Dryland			
Monday	Tuesday	Wednesday	Thursday	Theme	Friday
July 10	July 11	July 12	July 13	Thursdays!	July 14
Elksentre	NO SKATING	Elksentre	Elksentre	RETRO 	NO SKATING
1:30-1:50 pm Dryland		1:40-1:50 pm Dryland	1:30-1:50 pm Dryland		
2:00-2:15 pm Turn Class		2:00 – 2:15 pm Movement Class	2:00-2:15 pm Edge Class		
2:15-3:15 pm FreeSkate		2:15-2:30 pm Spin Class	2:15-3:15 pm FreeSkate		
3:15-4:00 pm Junior Academy		2:30-3:30 pm FreeSkate	3:15-4:00 pm Junior Academy		
4:10-4:30 pm Junior Academy Dryland	3:30-4:00 pm Dance	4:10-4:30 pm Junior Academy Dryland			
Monday	Tuesday	Wednesday	Thursday	Theme	Friday
July 17	July 18	July 19	July 20	Thursdays!	July 21
Elksentre	NO SKATING	Elksentre	Elksentre	PRETTY IN PINK 	NO SKATING
3:00 – 3:20 pm Dryland		3:10-3:20 pm Dryland	3:00 – 3:20 pm Dryland		
3:30-3:45 pm Turn Class		3:30-3:45 pm Movement Class	3:30-3:45 pm Edge Class		
3:45-4:45 pm FreeSkate		3:45-4:00 pm Spin Class	3:45-4:45 pm FreeSkate		
4:45-5:30 pm Junior Academy		4:00-5:00 pm FreeSkate	4:45-5:30 pm Junior Academy		
5:40-6:00 pm Junior Academy Dryland	5:00-5:30 pm Dance	5:40-6:00 pm Junior Academy Dryland			
Monday	Tuesday	Wednesday	Thursday	Theme	Friday
July 24	July 25	July 26	July 27	Thursdays!	July 28
RMCA	NO SKATING	RMCA	RMCA	SUPER HERO 	NO SKATING
11:00-11:20 am Dryland		11:10-11:20 am Dryland	11:00-11:20 am Dryland		
11:30-11:45 am Turn Class		11:30-11:45 am Movement Class	11:30-11:45 am Edge Class		
11:45-12:45 pm FreeSkate		11:45-12:00 pm Spin Class	11:45-12:45 pm FreeSkate		
12:45-1:30 pm Junior Academy		12:00-1:00 pm FreeSkate	12:45-1:30 pm Junior Academy		
1:40-2:00 pm Junior Academy Dryland	1:00-1:30 pm Dance	1:40-2:00 pm Junior Academy Dryland			

Monday July 31	Tuesday Aug 1	Wednesday Aug 2	Thursday Aug 3	Theme Thursdays!	Friday Aug 4
RMCA	NO SKATING	RMCA	RMCA	NERDY 	NO SKATING
11:00-11:20 am Dryland		11:10-11:20 am Dryland	11:00-11:20 am Dryland		
11:30-11:45 am Turn Class		11:30-11:45 am Movement Class	11:30-11:45 am Edge Class		
11:45-12:45 pm FreeSkate		11:45-12:00 pm Spin Class	11:45-12:45 pm FreeSkate		
12:45-1:30 pm Junior Academy		12:00-1:00 pm FreeSkate	12:45-1:30 pm Junior Academy		
1:40-2:00 pm Junior Academy Dryland		1:00-1:30 pm Dance	1:40-2:00 pm Junior Academy Dryland		

Monday Aug 7	Tuesday Aug 8	Wednesday Aug 9	Thursday Aug 10	Theme Thursdays!	Friday Aug 11
NO SKATING	Elksentre	Elksentre	Elksentre	FLOWER POWER 	NO SKATING
	11:00-11:20 am Dryland	11:10-11:20 am Dryland	11:00-11:20 am Dryland		
	11:30-11:45 am Turn Class	11:30-11:45 am Movement Class	11:30-11:45 am Edge Class		
	11:45-12:45 pm FreeSkate	11:45-12:00 pm Spin Class	11:45-12:45 pm FreeSkate		
	12:45-1:30 pm Junior Academy	12:00-1:00 pm FreeSkate	12:45-1:30 pm Junior Academy		
	1:40-2:00 pm Junior Academy Dryland	1:00-1:30 pm Dance	1:40-2:00 pm Junior Academy Dryland		

Monday Aug 14	Tuesday Aug 15	Wednesday Aug 16	Thursday Aug 17	Theme Thursdays!	Friday Aug 18
Elksentre	NO SKATING	Elksentre	Elksentre	BUGS 	NO SKATING
11:00-11:20 am Dryland		11:10-11:20 am Dryland	11:00-11:20 am Dryland		
11:30-11:45 am Turn Class		11:30-11:45 am Movement Class	11:30-11:45 am Edge Class		
11:45-12:45 pm FreeSkate		11:45-12:00 pm Spin Class	11:45-12:45 pm FreeSkate		
12:45-1:30 pm Junior Academy		12:00-1:00 pm FreeSkate	12:45-1:30 pm Junior Academy		
1:40-2:00 pm Junior Academy Dryland		1:00-1:30 pm Dance	1:40-2:00 pm Junior Academy Dryland		

Monday Aug 21	Tuesday Aug 22	Wednesday Aug 23	Thursday Aug 24	Theme Thursdays!	Friday Aug 25
Elksentre	NO SKATING	Elksentre	Elksentre	AIN'T EASY BEIN' GREEN 	NO SKATING
10:15-10:35 am Dryland		10:20-10:35 am Dryland	10:15-10:35 am Dryland		
10:45-11:00 am Turn Class		10:45-11:00 am Movement Class	10:45-11:00 am Edge Class		
11:00-12:00 pm FreeSkate		11:00-11:15 pm Spin Class	11:00-12:00 pm FreeSkate		
12:00-12:45 pm Junior Academy		11:15-12:15 pm FreeSkate	12:00-12:45 pm Junior Academy		
12:50-1:10 pm Junior Academy Dryland		12:15-12:45 pm Dance	12:50-1:10 pm Junior Academy Dryland		

Theme Thursdays: Please dress according to theme!

Dryland Equipment Required: running shoes (no exceptions), yoga mat and jump rope. Yoga mat & Jump Rope can be borrowed from the club if needed.